

Non Profit Org.
 U.S. Postage
 Paid
 Fort Myers, FL
 Permit No. 887



www.facebook.com/friendsoflakeslibrary

**MEMBERSHIP APPLICATION/RENEWAL
 FRIENDS OF LAKES REGIONAL LIBRARY**

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Email _____
 Use my alternative address from _____ to _____
 Address _____
 City _____ State _____ Zip _____

- I would like to volunteer in the Nook. Please call me.
- I would like to help the Friends group. Please contact me if you need help with _____

Please mail application and check to: Friends of Lakes Regional Library
 15290 Bass Road
 Fort Myers, FL 33919
 Or drop off at the Library's main desk

Please check membership category:
 Student \$5 Family \$25
 Individual \$10 Lifetime \$250

TOTAL amount enclosed \$ _____

PRESIDENT'S MESSAGE

We had a great turn out for our first meeting and author talk. It was so nice to see members back for the season and also those that live here year round. Our next speaker is Dr. Jose Colon "The Sleep Doctor" on Oct. 9.

Book sales have been going great guns this summer. We made more this summer than last summer. Just that much more to spend for Lakes Regional Library. Thank you to everyone who purchased books this summer.

Please use our web page to keep up to date on all our activities. We have some very interesting speakers planned for this year. January 23, 2016 will be our book sale. We have books stored away for the sale, but can always use more.

Don't forget our October meeting, lunch and speaker on October 9. It would be very helpful to the Lunch Chair to know how many people will bring their lunch. We have to let the library know how many lunch tables and chairs to set up. We can only estimate this number based on lunches ordered and then add some number for brown baggers. Thank you so much.

Jane Ann Kennedy, President

SECRETARY NEEDED

We are in need of a Secretary for the Friends Board. If you are interested please contact Jane Ann Kennedy at 239-437-0679. If you are not a full time resident we can work around the time you would be out of town.

MESSAGE FROM THE BRANCH MANAGER

Hello, Friends!

The Lee County Board of County Commissioners approved the Lee County Library System's Strategic Plan on August 18, 2015. This is the document that will guide the direction of your library system for the next three years, through FY 17-18.

The three goal areas include: Services and Resources, Marketing and Communications and Accessibility. The goal statements are:

- The library system is dynamic, providing resources, programs and services relevant to the community.
- The community is aware of, understands and values the resources, programs and services provided by the library system.
- Library resources, programs, services and facilities are accessible.

The staff of the Lakes Regional Library looks forward to implementing the strategies from the plan to provide the best possible library experience to all our patrons. Thank you for your support.

Jill Horrom, Branch Manager

BOOKS NEEDED

**Now is the time for well-read books
 To come to the Nook to be sold!
 Please donate your used books.**

FRIENDS OF LAKES
REGIONAL LIBRARY
15290 Bass Road
Fort Myers, FL 33919

E-MAIL
friendslakeslibrary@gmail.com

WEB SITE
friendsoflakeslibrary.org

FACEBOOK
www.facebook.com/friendsoflakeslibrary

BOARD OF DIRECTORS

President: Jane Anne Kennedy
Vice President: Marge Ford
Secretary:
Treasurer: Len Ahlfeld
Past President: Dee Ahlfeld

COMMITTEE CHAIRS

Display Case: Lucy Breitung
Focus: Len Ahlfeld
Lunch: Flo Morris
Membership: Pat Davidson
Nook Books: Anita Jenkins
Program: Cindy Ahrens
Publicity: Ginny Testa
Volunteers: Jane Ann Kennedy

LEE COUNTY LIBRARY
ADVISORY BOARD
Len Ahlfeld

MEETINGS

September thru May
2nd Friday of the Month
Lakes Regional Library

11:30 AM Meeting
12:00 noon Lunch
1:00 PM Guest Author

Check us out
on the web
www.friendsoflakeslibrary.org

OCTOBER GUEST AUTHOR

JOSE COLON, M.D., MPH,
Lee Physician Group sleep medicine specialist
Friday October 9, 2015 at 1 P. M.

Dr. Colon will discuss the effect of sleep disorders on neurocognitive function, weight management and occupational safety. Dr. Colon is dual board certified in sleep medicine and neurology with special qualifications in child neurology. Dr. Colon is a founding member of the Society of Behavioral Sleep Medicine and a member of the American Society of Clinical Hypnosis and is the founder of Paradise Sleep, an organization dedicated to sleep health education. Dr. Colon is the author of three books *The Sleep Diet, A Novel Approach to Insomnia, The Magic Ice Cream Palace, A Book For Children's Sleep, and Sometimes I Dream, A Book for Infant Sleep*. Dr. Colon also has received a Florida Authors and Publishers Association President Book Award for Education.



Friday, October 9, 2015
Lunch Menu - \$10.00
(from Jason's Deli)



Traditional Sandwich Box: with lettuce & tomato. Meat choices: oven-roasted turkey breast, chicken salad with almonds & pineapple, tuna salad with eggs, roast beef, or premium ham. Bread choices: white, whole grain wheat, or rye. Includes baked chips and chocolate chip cookie.

Spinach Veggie Wrap Box: organic wheat wrap stuffed with organic spinach, fresh-made guacamole and pico, mushrooms and asiago. Served with a side of fresh-made salsa. Includes cookie and fruit.

Chicken Caesar Salad Box: fresh romaine, asiago, croutons and creamy Caesar dressing. Topped with natural grilled chicken breast. Includes chocolate chip cookie.

Chicken Club Salad Box - \$12
Chicken Club Salad: Natural, grilled chicken breast tops mixed salad greens, grape tomatoes, sliced avocado, cheddar, asiago and bacon with fresh-made ranch dressing. Includes a chocolate chip cookie.

Arizona iced tea, coffee, hot tea are provided. Sharing and brown bagging are OK.

For LUNCH ORDERS call FLO MORRIS @ 239-481-7680 or e-mail floram1@yahoo.com by noon Wednesday, May 6, 2015.

QUOTE

"I like stories well told. That is the reason I am sometimes forced to tell them myself."

Mark Twain

PROGRAMS AT THE LIBRARY

Seminar: The Value of Searching Public Records and Online Services
Wed., October 21, 2015 • 1:30 pm - 3:30 pm
Join Linda Doggett as she guides you through the information available on the Lee County Clerk of Court website. Review civil and criminal public records, obtain passport and marriage license information, learn how to obtain copies of deeds and mortgages and much, much more.

Registration Required, 533-400 option #3

NaNoWriMo

Friday, October 23, 2015 • 2:00 pm - 3:00 pm
National Novel Writing Month (NaNoWriMo) is a fun, seat-of-your-pants approach to creative writing. On November 1, participants begin working towards the goal of writing a 50,000-word novel by 11:59 PM on November 30. Valuing enthusiasm, determination, and a deadline, NaNoWriMo is for anyone who has ever thought fleetingly about writing a novel. Orientation conducted by Casseopeia Kindrot in preparation for this event.

Registration required, 533-4000 option #3.

NEW STAFF MEMBERS

Lauren Christman joined the Lakes Regional Library Page team at the end of August. Lauren is a native Floridian and has spent most of her life here in Fort Myers. She enjoys studying Russian literature and writing creatively. Lauren's favorite book is *The Secret History* by Donna Tartt. An interesting tidbit about Lauren is that she is the only girl to be born into her family in 101 years. Please join us in welcoming Lauren to Lakes Regional Library.



Khrystyne Graves joined the Lakes Regional Library Page team at the beginning of September. Khrystyne was born in Virginia and moved around a lot due to her father's career in the Navy. Khrystyne has two children, but when she has free time, she spends it as a shadow cast member of the Rocky Horror Picture Show. Her favorite book is *Catcher in the Rye*. Please join us in welcoming Khrystyne to Lakes Regional Library.



Welcome!!

BOOK DISCUSSIONS

All My Puny Sorrows By Miriam Toews
Tuesday, October 20, 2015 from 2:00 PM to 3:00 PM
All My Puny Sorrows is the latest novel from Miriam Toews, one of Canada's most beloved authors' not only because her work is rich with deep human feeling and compassion but because her observations are knife-sharp and her books wickedly funny. And this is Toews at her finest: a story that is as much a comedy as it is a tragedy, a goodbye grin from the friend who taught you how to live.

Registration required, 533-4000 option #3.

BOOK REVIEW

Franklin Barbecue: A Meat-Smoking Manifesto
by Aaron Franklin

This isn't your traditional recipe book or cooking guide, Aaron Franklin's book contains quips and stories that encompass the experience of meat-smoking. Franklin Barbeque is of one of the most popular restaurants in the US and, rather than push "his way" to barbeque, the owner/head chef urges the reader to find their own style. Franklin does include some recipes for Texas style barbecue but more importantly he shares his passion for what he does. Whether you are an experienced meat-smoker or just interested in trying it out for the first time this would be the first book I'd pick up on the subject.

Submitted by Brad Zeigelbauer, Reference Associate

DISPLAY CASE

Decorative Painting

Decorative Painting Month is celebrated in October. Decorative painting involves a variety of techniques and media and because of the systematic approach used it is highly teachable. If you love the art work and you've never painted before, you can paint now with a high degree of success. Drawing ability is not even required as the patterns can be traced. You will be amazed by the beautiful work on display in the library Display Case. It was done by many who thought they had no painting talent!

ENGLISH CAFÉ

Mondays, 10/12, 10/19 & 10/26 at 6:00 PM • Conference Room B

The 90-minute sessions provide adult learners an opportunity to practice speaking English with Native speakers. Topics include everyday situations, current events, and cultural areas.

Participants may start at any time. – Advance registration is not necessary